

DEPARTMENT OF
KINESIOLOGY, SPORT, & RECREATION
COLLEGE OF HEALTH & HUMAN SERVICES



PREPARING YOU FOR A CAREER IN THE PHYSICAL EDUCATION, FITNESS, OR SPORT INDUSTRY

THE MISSION OF THE DEPARTMENT OF KINESIOLOGY, SPORT, AND RECREATION AT EASTERN ILLINOIS UNIVERSITY INCLUDES:

1. Professionally preparing our students to gain the experience and knowledge needed for careers in exercise science, pedagogy, or sport management.
2. Guiding student learning in the development of skills, habits, and attitudes that promote health and wellness.
3. Providing advanced discovery and application of knowledge through guided research and creative activities.
4. Encouraging the development of critical thinking and good communication skills through professional growth opportunities and experiences.
5. Promoting leadership through service at Eastern Illinois University and in professional organizations.

UNDERGRADUATE DEGREES

KINESIOLOGY, SPORT, & RECREATION LANTZ 2506 | (217) 581-2215

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GRADUATE COORDINATOR
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PROGRAM COORDINATOR
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- Exercise Science
 - Pre-Physical Therapy Option
 - Pre-Occupational Therapy Option
- K-12 Teacher Certification
- Sport Management

GRADUATE DEGREES

- Exercise Physiology
- Sports Administration

GET INVOLVED

The Kinesiology, Sport, and Recreation Department has several opportunities for you to get involved in student organizations and clubs while pursuing your degree at Eastern Illinois University:

- Sport Management Association
- Exercise Science Club
- Physical Education Club



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MAJORS & CONCENTRATIONS	COURSE EXAMPLES	POTENTIAL CAREERS
<p>EXERCISE SCIENCE NSCA Endorsement</p> <p><i>Pre-Physical Therapy Option</i> <i>Pre-Occupational Therapy Option</i></p>	<p>KSR 3800 Biomechanics of Human Movement</p> <p>KSR 4460 Principles of Resistance Training</p>	<p>Fitness Facilities Cardiac Rehabilitation Personal Training Strength and Conditioning</p>
<p>K-12 TEACHING CERTIFICATION Accredited program</p>	<p>KSR 2400 Introduction to Elementary School Physical Education</p> <p>KSR 3400 Secondary Physical Education Methods</p>	<p>Physical Education Teachers in Public & Private Institutions in grades K-12 Coaching</p>
<p>SPORT MANAGEMENT</p>	<p>KSR 4765 Marketing in Sport</p> <p>KSR 4760 Sport Law</p>	<p>Ticket Sales Director of Operations Retail Manager Sports Information Director Marketing Coordinator</p>
<p>MASTERS DEGREE</p> <p><i>Exercise Physiology Option</i> <i>Sports Administration Option</i></p>	<p>KSR 5130 Neuromuscular Exercise Physiology</p> <p>KSR 5212 Finance in Sport</p>	<p>Athletic Director Commercial Fitness General Manager Exercise Physiologist</p>



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