



🗼 RED RIBBON WEEK 🎉



October 23-31

Red Ribbon Week is celebrated every year during October 23 - 31, bringing awareness to the importance of living a drug free life. It is the nation's oldest and largest drug prevention awareness program. This program has become instrumental in schools to provide education and resources related to substance misuse, the impact of prescription misuse and related issues.

While this is often celebrated in K-12 schools, it is a wonderful opportunity to share the meaning of the program in higher education. Substance use prevention is not limited to younger populations, as we know from our work. We hope that you would consider reviewing the story of Special Agent Kiki Camarena, who was commemorated by this program.

We encourage you to wear red to promote drug prevention awareness this month. For more information on Red Ribbon Week:

https://www.dea.gov/red-ribbon/kiki-red-ribbonhistory

UPCOMING IHEC EVENTS

Fundamentals in Substance Misuse Training in Higher **Education (Zoom)**

- October 8th
- October 10th
- October 15th

Hazing in Athletics: with the **Gordie Center / Susie Bruce** (Webinar)

October 22nd @ 12pm

Fundamentals in Substance Misuse Training in Higher Education

November 7 & 8th @ **Lewis University (split** days)

UPCOMING EVENT INFORMATION



FUNDAMENTALS IN SUBSTANCE MISUSE FOR HIGHER EDUCATION

The Fundamentals in Substance
Misuse for Higher Education
October series will be held on the
8th, 10th, and 15th. Completion of
all 3 sessions is required to receive
CEU credit.



HAZING PREVENTION IN ATHLETICS

Join us for the upcoming session with Susie from the Gordie Center, speaking on strategies associated with hazing prevention. We will be taking a look at prevention through a socio-ecological lens. This webinar will provide 1 hour of CEU credit.

HAVE ANY REQUESTS FOR TRAININGS OR WEBINARS? SEND THEM OUR WAY! REACH OUT TO IHEC@EIU.EDU WITH ANY INFORMATION.



EMAIL LIST & ADVISORY BOARD APPLICATIONS

We utilize our email list to send updates on upcoming events, free resources, consultation visits and more. To join our email list, reach out to alescamilla@eiu.edu for more information.

We are taking up to 3 more applications for our advisory board that meets once a month. This position helps provide guidance, feedback, and ideas for IHEC events, professional development, and ways to stay active in the field. Please contact our office for information!

FOLLOW US ON OUR SOCIALS!



Illinois Higher Education Center for AODV Prevention



IHEC_EIU



IHEC EIU

SERVICES

Professional Development Opportunities

Webinars, Trainings, and Certificates

Technical Assistance

AOD Programming

Continuing Education Units

Credit for trainings & webinars

Collaboration & Networking

Annual Meetings & Trainings

Consultation Site Visits

Assessment, planning, and evaluations for universities & colleges

Core Survey Administration

State-wide administration of CORE every even year, assisted by IHEC

CONTACT US:

P: 217-581-2019

E: IHEC@EIU.EDU

W: EIU.EDU/IHEC



for alcohol, other drug & violence prevention



RED RIBBON WEEK October 23-31



