

NATIONAL TEEN DATING VIOLENCE AWARENESS MONTH

HOW TO PREVENT TEEN DATING VIOLENCE

First year college students are among the population affected by teen dating violence. People that are survivors of teen dating violence are more likely to participate in risky activities like drug and alcohol use. Universities have opportunities to help teach prevention tactics to younger college students. Some of these evidence-based interventions include:

- Teaching healthy relationship skills
- Creating protective environments
- Promoting social norms that protect against violence

The perpetration of violence can be decreased from interventions that use a singular or combined approach. With teen dating violence, universities have the unique opportunity to provide resources and prevention materials to college students. For this population, it is important to educate them on the signs of dating violence, how to prevent it, and how to support others.

https://www.thecommunityguide.org/findings/violence-prevention-primary-prevention-interventions-reduce-perpetration-intimate-partner-violence-sexual-violence-among-youth and the community of the community of

UPCOMING IHEC EVENTS

Orientation Meeting

February 3rd at 2:00pm on ZOOM

Advisory Board Meeting

February 13th at 1:00pm on ZOOM

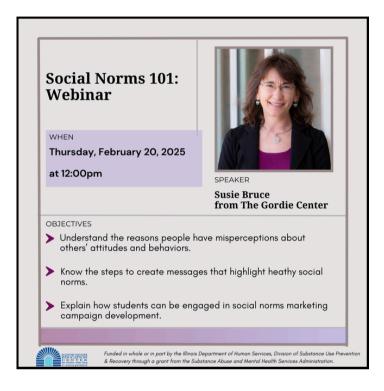
Social Norms 101 Webinar with Susie Bruce (Gordie Center)

February 20th at 12:00pm

Spring Affiliate Meeting

 February 27th 9:00 -3:30pm at Heartland Community College

UPCOMING EVENTS INFORMATION



SOCIAL NORMS 101 WEBINAR WITH SUSIE BRUCE

Join us for the Social Norms 101 webinar with speaker Suzie Bruce from The Gordie Center! Learn about the steps to create messages that highlight heathy social norms, and how students can be engaged in social norms marketing campaign development!



SPRING AFFILIATE MEETING

Be sure to mark your calendars for the Spring Affiliate Meeting at Heartland Community College. Join us as professionals from all over the state will learn from one another, collaborate & share resources.

Have any requests for trainings or webinars? Send them our way! Reach out to ihec@eiu.edu with any information.

What we're looking for:

- · Primary prevention topics
- Alcohol & Other Drug data/trends
- Coalition building
- Evidence-based prevention

SPRING CONSULTATION VISITS



BENEFITS OF SITE VISITS:

- Receive personalized feedback on current prevention practice
- Learn how to analyze the biennial review
- Understand the importance of collecting data
- Apply data to justify need for substance use programming and prevention
- Receive guidance on coalition strategies and support
- Identify strengths and areas for growth within your campus

Have you refreshed your prevention program? Examined your biennial review?

We are now booking our Spring '25 consultation visits throughout Illinois! The purpose of an IHEC consultation visit is for campuses to enhance or strengthen their current programming, provide data to justify need for future programming, and to ensure compliance with state and federal regulations.

IHEC staff members are available to guide colleges and universities in assessment, planning, and evaluation of campus AOD prevention efforts.

Contact IHEC today to set up your visit!



217-581-2019



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DEADLINE EXTENDED TO 2/17/25

Institutional Needs Assessment

FY25 Administration Details

Released via Email: January 13, 2025 Due: February 3rd at 11:59pm

- Assess institutional needs as it pertains to AOD prevention by telling us:
 - how IHEC can assist you
 - what programming/prevention efforts your institution is offering
 - what AOD resources you are offering
- Assesses gaps in AOD resources/prevention efforts
- Assesses compliance with policy
- Examines capacity of institution to handle AOD prevention

Intended for presidents, dean of students, or student affairs leadership. One assessment should be submitted per institution.

Please note that this survey is used for IHEC staff to provide justification for continued grant funding, in addition to gathering data to plan professional development events. This data may be shared upon request from the state grant administrative team.

Email Annabelle, IHEC Assistant Director, at alescamilla@eiu.edu with any questions.

Funded in whole or in part by the Illinois Department of Human Services, Division of Substance Use Prevention & Recovery through a grant from the Substance Abuse and Mental Health Services Administration.





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SEEKING APPLICATIONS:

We are taking 3 more applications for our advisory board that meets once a month. This position helps provide guidance, feedback, and ideas for IHEC's professional development. Please contact our office for information!

HOW TO STAY CONNECTED:

We utilize our email list to send updates on upcoming events, free resources, consultation visits and more. To join our email list, reach out to alescamilla@eiu.edu for more information.

FOLLOW US ON OUR SOCIALS!



Illinois Higher Education Center for AODV Prevention





SERVICES

Professional Development Opportunities

Webinars, Trainings, and Certificates

Technical Assistance
AOD Programming

Continuing Education UnitsCredit for trainings & webinars

Collaboration & Networking
Annual Meetings & Trainings

Consultation Site Visits

Assessment, planning, and evaluations for universities & colleges

Core Survey Administration State-wide administration of CORE every even year, assisted by IHEC

CONTACT US:

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