Illinois Higher Education Center

Advisory Board Meeting

Date: October 31, 2023

1. Introductions
   1. Name, position, college/university
      1. Liz- Health Promotion Specialist, Northwestern
      2. Jamie- AOD Interventionist, Illinois State
      3. Matt- Assistant Director, HERC, EIU
2. IHEC Updates
   1. In house administration of survey
      1. CORE is no longer being used
         1. Still no updates with data, we have reached out to department chair at SIUC about getting access/reports
      2. Administration for new survey estimated for spring
         1. No cost to schools
         2. Data reports will be adjusted due to staff at IHEC & capabilities with new survey method
   2. State assessments
      1. Institutional Needs Assessment
         1. Administration begins November 8th, will conclude by January 8th
         2. Sent through Qualtrics to primary contacts & then to other individuals at institutions (needs assessment for campuses related to AOD policies, programming, prevention efforts)
      2. Professional Development Needs Assessment
         1. Administration begins March 4th, will conclude by April 4th
         2. Sent through Qualtrics, general survey to assess topics for professional development
   3. Database
      1. More robust database, allows for increased contacts
3. Member Updates
   1. ISU has been pushing for risk reduction/harm reduction efforts
      1. Students are greatly interested in new measures for risk reduction; willing to learn
      2. Focus on cannabis, fentanyl, drunk/impaired driving awareness
   2. EIU- DOS has been looking into ways of adjusting AOD policies/programming
      1. Consent & sexual violence/assault have been issues on campus
      2. Updating programming & increasing prevention efforts to address through educational means
      3. Risk reduction- Hour House is looking to have EIU as a Narcan distribution center; possibility of having a vending machine
   3. Northwestern- Fentanyl test strips rolled out for Dillo Day, focus was on risk reduction for large events
      1. Large interest in Narcan training; Narcan is available on campus & in public locations
      2. Interest in red-watch band training (bystander intervention)
      3. BASICS is at all time high on campus
4. Upcoming Events
   * 1. Orientation
        1. November 20th at 2pm, anyone is welcome to join
        2. Includes orientation packet, slidedeck with overview of IHEC services, discussion regarding AOD on campus & requests for technical assistance
     2. November Events

-November 9th- Project ACCESS Webinar by Dr. Dolores Cimini @ 12pm on Zoom

-November 13th- Promoting Social Connection and Coping Strategies to Prevent Substance

Use Disorder Webinar by Mike Mackert @ 12pm on Zoom

-November 16th- Athletic Performance Impacts of Alcohol and Cannabis: The “Hook” for

Student-Athletes by Susie Bruce @ 12pm on Zoom

-November 20th- Orientation Meeting @ 2pm on Zoom

-November 21st- Advisory Board Meeting @ 2pm on Zoom

-November 28th- Navigating a Changing Legal Environment Related to Cannabis Use Webinar

by Jen Jacobsen @ 12pm on Zoom

1. Upcoming Events to Discuss
   * 1. Affiliate meeting- December 7th, 2023
     2. Spring affiliate meeting- March 2024?
2. Topics to Prepare for Next Meeting
   1. Panel Discussion
   2. In-House Trainings
   3. AOD policies related to cannabis substance category change
   4. Campus buy-in for AOD programming/prevention
   5. Advisory board applications